

## WELLNESS THERAPY

### Full body massage (50 minutes)

5001	Relaxing massage to relax your muscles with massage oil	840 CZK
5003	Regenerating massage of the whole body	840 CZK
5004	Regenerative massage after exercise using by massage flask	840 CZK
5005	Hot stone massage - warm up the body by using hot stones and warm oil	840 CZK
5006	Aroma massage - relax of the muscles and cervical spine using by an aromatic essences	840 CZK
5008	Chocolate massage - recovery and removal of hard skin by using of peeling	940 CZK

### Partial massage (20-30 minutes)

5021	Foot massage to relax the muscles and foot soles, suitable after heavy exercise - 30 minutes	590 CZK
5022	Anti-stress massage aimed to eliminating headaches and sleep massaged - 20 minutes	470 CZK
5023	Massage using by massage flask - the strengthening and warming the body - 20 minutes	470 CZK
5024	Hot stone massage - warm up the body by using hot stones and warm oil- 20 minutes	470 CZK
5025	Back and neck massage - 30 minutes	590 CZK

### Hammam (peeling of the whole body on heated marble)

5130	Hammam, preheating of the body, peeling of the whole body - 45 minutes	990 CZK
5132	Hammam, preheating of the body, peeling of the whole body + body care with aroma oil (without hands) - 55 minutes	1190 CZK

### Wraps with overheating (40 minutes)

5041	Peat wrap - heating and relaxing of muscles by peat sheet and with heat pillow over the back	470 CZK
5042	Wrap from beeswax - heating and relaxing of muscles by peat sheet and with heat pillow on the back and lower back	470 CZK
5043	Cinnamon wrap - heating of legs or back with cinnamon	470 CZK
5044	Chocolate wrap - heating of back or lower back	470 CZK

### Balneotherapy (massage bath BTL bath - 20 minutes, whirlpool 60 minutes)

5090	Pearl bath with choosing of body parts - choose of essence - 20 minutes	390 CZK
5096	Anticelulite massage water bath aimed to bottom and legs - 20 minutes	390 CZK
5097	Intensive lymphatic water massage bath aimed of chosen part - 20 minutes	390 CZK
5100	Regenerative and relaxing massage bath after exercise, it helps to relaxation muscles after physical strain - 20minutes	390 CZK
5102	Relaxing massage bath for stress reduction after psychological stress - 20 minutes	390 CZK
5140	Massage whirlpool for two person (choice additive salt) - 60 minutes	1390 CZK

### Lakonium (in cabin 40°C, 40 minutes, antioxidant therapy without service)

5133	Application of the body antioxidant emulsion from Moroccan clay Rhassoul with high mineral contain, high cleaning	590 CZK
5134	Application of the yogurt skin mask	390 CZK
5135	Application of the skin mask emulsion from Moroccan clay Rhassoul	390 CZK

### Lymphatic massage on device

5061	Lymphatic massage lower limb and bottom - cellulite, detoxication, after surgeon, syndrome of weight legs, 45minutes	390 CZK
5062	Lymphatic massage upper limb - cellulite, detoxication, after injury, regeneration 20 minutes	290 CZK

### Oxygenotherapy (20 minutes)

5080	Oxygenotherapy - inhalation of oxygen - one person	190 CZK
5081	Oxygenotherapy - inhalation of oxygen - two person	290 CZK

### Sun meadow (10 minutes)

5070	Sun meadow, helps to heat of your organism of your body and it takes a sunbath	70 CZK
------	--	--------

### Diagnostics of the body

5200	Weight, BMI, body fat, fat and non-fat tissue, weight of the muscles, body liquid, basal metabolism, setting of the target values, indicator of the bone mass, indicator of the visceral fat, metabolic age, pressure, pulse	500 CZK
------	--	---------

## WELLNESS THERAPY PACKAGES

**PACKAGE ANTICELLULITE – original price 1. 040 CZK, package discount 20 % - price after discount 832,- CZK**

<b>6001</b>	<i>Sun meadow helps to heating of your body organism, 10 minutes</i>
	<i>Lymphatic massage lower limb and bottom – cellulite, detoxication, after surgeon, syndrome of weight legs, 45 minutes</i>
	<i>Intensive lymphatic water massage bath aimed of lower limb and bottom, 20 minutes</i>
	<i>Oxygenotherapy – inhalation of oxygen, 20 minutes</i>

**PACKAGE REGENERACE – original price 3. 270 CZK, package discount 20 % - price after discount 2. 616 CZK**

<b>6002</b>	<i>Sun meadow helps to heating of your body organism, 10 minutes</i>
	<i>Regenerative and relaxing massage bath after exercise, it helps to relaxation muscles after physical stress, 20 minutes</i>
	<i>Foot massage to relax the muscles and foot soles, suitable after heavy exertion, 30 minutes</i>
	<i>Regenerative massage after exercise using massage flask, 50 minutes</i>
	<i>Hammam, preheating of the body, peeling of the whole body + body care with aroma oil (whole the body without hands) - 55</i>
	<i>Oxygenotherapy – inhalation of oxygen, 20 minutes</i>

**PACKAGE BEAUTIFUL – original price 1.920 CZK, package discount 20 % - price after discount 1.536,- CZK**

<b>6003</b>	<i>Sun meadow helps to heating of your body organism, 10 minutes</i>
	<i>Pearl bath with choosing of body parts – choose of essence</i>
	<i>Hammam, preheating of the body, peeling of the whole body, 45 minutes</i>
	<i>Wrap for heat of body from your choice, 40 minutes</i>

**PACKAGE RELAX – original price 1.490,- CZK, package discount 20 % - price after discount 1. 192,- CZK**

<b>6004</b>	<i>Sun meadow helps to heating of your body organism, 10 minutes</i>
	<i>Relaxing massage to relax your muscles, 50 minutes</i>
	<i>Regenerative and relaxing massage bath after exercise, it helps to relaxation muscles after physical strain 20 minutes</i>
	<i>Oxygenotherapy – inhalation of oxygen, 20 minutes</i>

**RELAXING PACKAGE NO JUST FOR MEN – original price 1. 570 CZK, package discount 20 % - price after discount 1. 256 CZK**

<b>6005</b>	<i>Relaxing massage bath, 20 minutes</i>
	<i>Hammam, preheating of body, peeling of the whole body, 45 minutes</i>
	<i>Oxygenotherapy – inhalation of oxygen, 20 minutes</i>

### FREE TO PACKAGES

*Small refreshment: glass of wine or sekt, water. Borrowing of bathrobe and towel. Heating of your body before massage at Lakoniu.  
For every package we will provide to you a diagnostic of your body on device Tanita.  
For non- accommodated packages entry to the private SPA WELLNESS on day using of package for 3 hours.*

**PACKAGE OF PROCEDURES OF YOUR SELECTION - Create your own package at least four procedures with 20% discount**



Romantický wellness hotel  
na břehu Máchova jezera  
[www.hotelberg.cz](http://www.hotelberg.cz)







Lázeňský vrch 82, Staré Splavy  
telefon 487 525 405





[www.hotelberg.cz](http://www.hotelberg.cz)



## WELLNESS - WINE

### MASSAGE

<b>5009</b>	Wine full body massage with lava stones - 50 minutes	890 CZK
<b>5010</b>	Wine classic partial massage (foot, back, neck) - 20 minutes	470 CZK
<b>5011</b>	Wine classic massage of back and neck (back, neck) - 30 minutes	590 CZK
<b>5012</b>	Wine classic full body massage (foot, legs, back, hands, neck) - 50 minutes	890 CZK

### WRAPS

<b>5045</b>	Wine wrap for the whole body on heating bed. Matolinous-wine wrap for the whole body - 50 minutes	590 CZK
<b>5046</b>	Partial wine wrap on heating bed. Matolinous-wine wrap - 30 minutes	490 CZK

### PEELING

<b>5300</b>	Peeling for the whole body from the crush grape kernels and wine body lotion - 45 minutes	790 CZK
<b>5301</b>	Peeling for whole the body from crushed grape kernels and after wrap from matolinous sirup – 55 minutes	850 CZK
<b>5302</b>	Partial peeling from crushed grape kernels and after wine mask (face, neckline) - 30 minutes	490 CZK
<b>5303</b>	Partial peeling from crushed grape kernels and after wrap from matolinous sirup (from the waist down) - 30 min.	490 CZK
<b>5304</b>	Face care: peeling from crushed grape kernels, mask, Bione Cosmetics – wine antioxidant lotion - 30 minutes	490 CZK

### BATH

<b>5105</b>	Bath with additive of wine for one person and wine body lotion - 20 minutes	450 CZK
<b>5106</b>	Aromatherapy bath and wine body lotion - 20 minutes	390 CZK

### LAKONIUM (in cabin 40°C, 40 minutes, antioxidant therapy without service)

<b>5136</b>	Wine peeling for the whole body. Application an antioxidant emulsion from crushed grape kernels (without service)	390 CZK
-------------	---	---------

## WELLNESS -WINE PACKAGE

### PACKAGE WINE DETOXICATION, original price 2. 220 CZK, package discount 20 % - price after discount 1. 776,- CZK

<b>6010</b>	Wine peeling for the whole body and wine body lotion - 45 minutes
	Partial wine wrap on heating bed. Matalinous-wine wrap from the waist down - 30 minutes
	Bath with additive of wine for one person and wine body lotion - 20 minutes
	Face care: peeling, face mask, serum – 30 minutes

### PACKAGE WINE RELAX, original price 2. 130 CZK, package discount, package discount 20% - price after discount 1. 704,-CZK

<b>6011</b>	Peeling of the whole body from crushed grape kernels and after wrap from matolinous sirup – 55 minutes
	Wine classic massage of the whole body (foot, legs, back, hand, neck) - 50 minutes
	Aroma therapeutic bath and with wine body lotion - 20 minutes

### FREE TO PACKAGE

Small refreshment: glass of wine or sekt, water. Borrowing of bathrobe and towel. Heating of your body before massage at Lakoniu.  
For every package we will provide to you a diagnostic of your body on device Tanita.  
For non- accommodated packages entry to the private SPA WELLNESS on day using of package for 3 hours.

### PACKAGE OF PROCEDURES OF YOUR SELECTION

**Create your own package at least four procedures with 20% discount**